

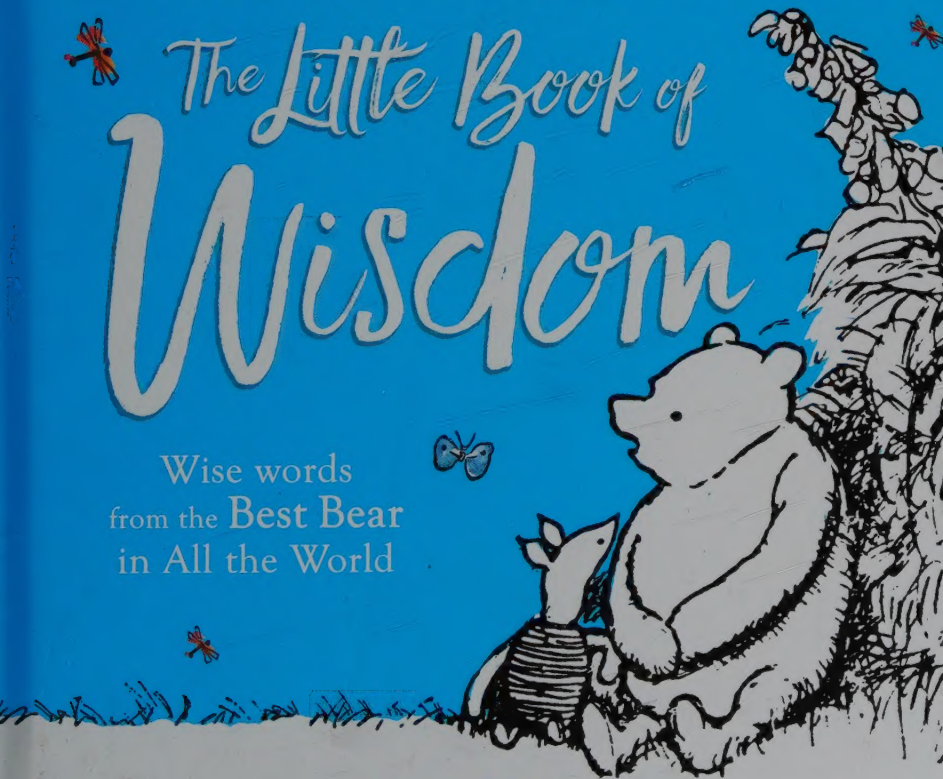
WINNIE~THE~POOH

The Little Book of  
Wisdom

Wise words  
from the **Best Bear**  
in All the World

A. A. MILNE

with decorations by E. H. SHEPARD









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# EGMONT

*We bring stories to life*

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*'It isn't Brain,' said Pooh humbly,  
'because You Know Why;  
but it comes to me sometimes.'*



## Before You Begin

Pooh is a Bear of Very Little Brain who can't always think of the right words to say, but even so has said some very wise words and thought some very interesting thoughts, which he would like to share with you.

Poetry and Hums and little Words of Wisdom aren't things which Pooh gets, they are things which get him.

All he can do is go where they can find him.

So, reader go where they can find you, too and dip your paws into this little collection of Wisdom from an

Astute and Helpful Bear, The Best Bear in

All the World, Winnie-the-Pooh.



## Personal Thoughts

*When you are a Bear of very Little Brain, and you Think of Things, you sometimes find that a Thing which seemed very Thingish inside you is quite different when it gets out in the open and has other people looking at it.*







## Set Priorities

*Nearly eleven o'clock is time for  
a little smackerel of something.*

Check  
Your Store  
Cupboard

*It's sort of comforting to  
know if you have fourteen  
pots of honey left, or fifteen,  
as the case may be.*



## Have a Friendly Day




*When you've been walking in the wind for miles, and you suddenly go into somebody's house, and he says, 'Hallo, Pooh, you're just in time for a little smackerel of something,' and you are, then it's what I call a Friendly Day.*



PLEZ CNOKE  
IF AN RNSR  
IS NOT RECID

## Take Time to Relax

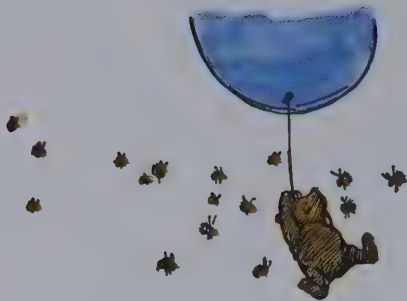


*What I like doing best is Nothing. It's when people call out at you just as you're going off to do it, 'What are you going to do?' and you say 'Oh Nothing,' and then you go and do it. Doing Nothing means just going along, listening to all the things you can't hear, and not bothering.*



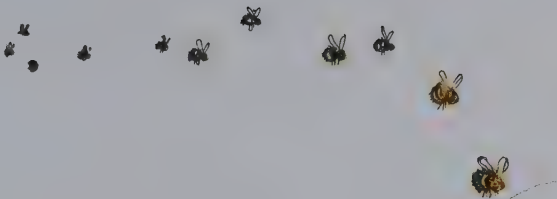
## Control Your Stress Levels

*To seem quite at ease, hum tiddely-pom  
once or twice in a what-shall-we-do-now  
kind of way.*



## A Little Caution

*When you go after honey with  
a balloon, the great thing is not to let  
the bees know you're coming.*



## A Matter of Taste

*The wrong sort of bees would  
make the wrong sort of honey.*





Keep Busy

*It's just the day for doing things.*

## Enjoy Yourself

*What I like best in the whole world  
is Me and Piglet going to see You,  
and You saying 'What about a little  
something?' and Me saying, 'Well,  
I shouldn't mind a little something,  
should you, Piglet,' and it being a  
hummy sort of day outside,  
and birds singing.*



## Assess Your Surroundings

*When your house doesn't look like a house and looks like a tree that has been blown down, it is time you tried to find another one.*



## Insight

*It's best to know what you are looking for  
before you look for it.*





## Accept Yourself

*'Pooh,' said Rabbit kindly, 'you haven't any brain.'*

*'I know,' said Pooh humbly.*





## Improve Your Brain Power

*How wonderful to have a Real Brain which  
could tell you things.*

## Self Knowledge

*Pooh hasn't much Brain, but he never comes to any harm. He does silly things and they turn out right.*







You Can't Be Good at Everything  
*When you are a Bear of Very Little Brain  
you're never much good at riddles.*

## Management Skills

*A Very Clever Brain could catch a Heffalump if he knew the right way to go about it.*





## Keeping Trim

*A bear, however hard he tries,  
Grows tubby without exercise.*



## Why You Can't

*It all comes of liking honey so much.*



## Companionship

*It isn't much good having anything exciting,  
if you can't share it with somebody.*



*It's so much more friendly with two.*

## Admire Someone

*You can't help respecting anybody who can spell*  
**TUESDAY.**



## Self Appreciation

*'What sort of stories does he like?'*

*'About himself. Because he's that sort of Bear.'*



*The Best Bear in all the World.*



Time  
Management

*'They always take longer  
than you think.'* said Rabbit.  
*'How long do you think  
they'll take?'* asked Roo.





## Take the Initiative

*Like Rabbit, never let things come to you,  
always go out and fetch them.*



## Be Prepared

*Brush the honey off your nose,  
spruce yourself up so as to look  
Ready for Anything.*

## Sociability

*A good reason for going to see  
everybody is because it's Thursday.*



## Whenever You Feel Afraid

*To show you haven't been frightened jump up and down once or twice in an exercising sort of way.*



## Make a Brave Gesture

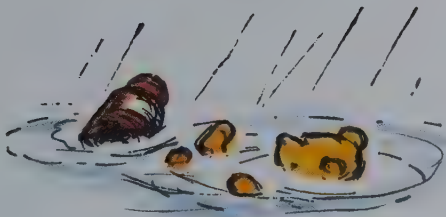
*Just hum to yourself as if you are  
waiting for something.*



## Be Careful!

*You can never tell with bees, you can never  
tell with paw-marks, and you can  
never tell with Heffalumps.*





## Don't Worry

*When you get a sinking feeling, don't worry,  
it's probably because you're hungry.*



## Spare Time

*While you wonder what to do,  
sit down and sing a song.*

## Punctuality

*Don't be late for whatever  
you want to be in time for.*



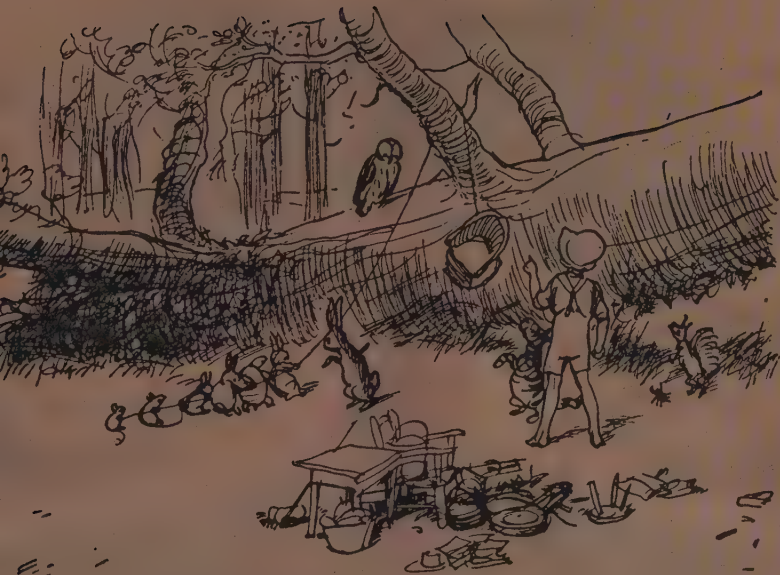


Try a Little Spontaneity

*Do a good thing  
without thinking about it.*

If at First You Don't Succeed

*If the string breaks, try another piece of string.*



# Gastronomic Disappointment

*A Very Nearly tea is one you  
forget about afterwards.*



Always

Ask *Being a Faithful Knight might mean you just go on being faithful without being told things.*





Look on the Bright Side  
*Everybody is all right really.*  
*That's what I think.*

## Manners

*Always say Goodbye-and-  
thank-you-for-a-nice-time.*



## Love Your Neighbour as Yourself

*'Oh Bear!' said Christopher Robin.*

*'How I do love you!'*

*'So do I,' said Pooh.*



Look Out!

*An Ambush is a sort of surprise.  
So is a gorse-bush sometimes.*







## Listening Skills

*There are twelve pots of honey in my cupboard and they've been calling me for hours. I couldn't hear them properly before because Rabbit would keep talking, but if nobody says anything except those twelve pots, then I shall know where they're coming from.*



## Be Caring

*A little Consideration, a little Thought  
for Others, makes all the difference.*











*A little book full of Wise Words and  
Useful Advice on the pleasures and problems  
of life from the Bear of Very Little Brain,  
Winnie-the-Pooh.*



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